



## **Welcome to Victoria Spa Center!**

<b>ROMANTIC JAKUZZI FOR COUPLES, WITH BOTTLE OF CHAMPAGNE</b>			<b>120 lv</b>
<b>STEAM BATH</b>	<b>10 lv</b>	<b>TURKISH BATH</b>	<b>10 lv</b>
<b>SAUNA</b>	<b>10 lv</b>	<b>STONE BATH</b>	<b>10 lv</b>
<b>AROMA SAUNA</b>	<b>10 lv</b>	<b>FITNESS CENTER</b>	<b>10 lv</b>
<b>TEPIDARIUM</b>	<b>10 lv</b>	<b>SWIMMING POOL</b>	<b>10 lv</b>
<b>HERBAL SAUNA</b>	<b>10 lv</b>	<b>OXYGEN BAR 20 min</b>	<b>20 lv</b>
		<b>SUN BED 10 min</b>	<b>10 lv</b>

Holidays are the best time to take care of your body and skin. So if you want to get rid of your fatigue, if you intend to rest and to keep your beauty and youth, we kindly invite you to our Victoria Spa Center.

**TURKISH BATH /HAMAM/** - It's impossible to replace the Turkish bath by anything else with its humid air, hot and ice-cold water in order to remove your tension, to attain a high potential for your muscles. **10 lv**

**ORIENTAL PEELING /KESE/** - **KESE** is a traditional Turkish RUBBING, performed within the hamam. It is done with a special rubbing glove, which cleans gently the whole body. As a result the skin pores are opened and cleaned, the accumulated toxins within the body are relieved. The skin reaches a smooth elastic view and healthy color, which assists long-lasting tanning. The treatment continues with 20 min soap washing. **45 min/ 59 lv**

**SELF TANNING THERAPY 'FAST TAN' /body/** – This therapy is suitable for very white skins. It is performed to protect from sun burning. Starts with oriental scrub in the Turkish bath to remove the dead cells. There is a gentle massage with fast self tanning seaweed lotion. Un unbelievable sun tan before sun exposing!

**SELF TANNING THERAPY 'FAST TAN' /face/** - Deep facial, decoltee and bust exfoliation with sea crystals . Cleansing facial mud mask. There is a gentle massage with fast self tanning seaweed lotion. Un unbelievable sun tan before sun exposing!  
**Total price body & face: 60 min / 99 lv**

**PREPARATION FOR NICE & LONG TAN** – Complex of treatments for cleaning and hydration of the skin.

- Oriental scrub with soap washing in the Turkish bath
- Hydrating chocolate massage in the Turkish bath
- Cleansing mud facial mask

**70 min / 149 lv**

**FULLBODY MASSAGE** – This is a massage minimizing the fatigue in the muscles and restoring the muscle to its normal tone. **45 min/ 55 lv.**

**FULLBODY MASSAGE IN THE TURKISH BATH WITH MUD OR SEAWEEDS** – **45 min / 85 lv**

**BACK, NECK & HEAD MASSAGE** – It is an intensive massage locally applied. Especially effective against problems and pains in the back and shoulders. **35 min/ 49 lv / In the Turkish bath with mud -79 lv**

**AROMA THERAPY 'VICTORIA'** – The essential oils, which are aromatic essences extracted from plants, flowers, trees, fruit, bark, grasses and seeds combined with fresh flower leaves, are believed to contain therapeutic,



psychological and physiological properties. They relieve the blood circulation, enhance the skin's resistance against external influences. **50 min/ 75 lv.**

**ANTISTRESS /RELAX/ MASSAGE** – This is the soft massage ensuring the regulation of the energy flow through the body. **50 min/ 70 lv.**

**TIRED LEGS THERAPY** – It's a welcome ritual, suitable against tiredness and hotness. Starts with a ritual feet washing and a gentle sea weed scrub. There is a cooling concentrate to relax the feet. A cooling refreshing feet mask to remove the heaviness. There is a relaxing feet reflexology or a lymph drainage in the end. **60 min / 79 lv**

**LYMPHDRAINAGE MASSAGE** – This is a soft style of massage stimulating the movements of the lymph, soothing the skin and dispersing the fluids and toxins which are released as a result of circulation within the cell.

**30 min / 64 lv.**

**Full body – 50 min/ 84 lv**

**REFLEXOLOGY** – This is a Chinese – Indian therapy to increase blood circulation, specialized in eliminating strains and focused upon JING toe spots. It encourages restoration of the natural balance of the body and assists in supplying and developing the blood and nerves. Combined with the energy that the body has, this technique spreads over all the lines of the body through the nervous channels in order to from the relax spots on foot and hands.

**30 min/ 59 lv.**

**MEDICAL MASSAGE** – It is normally applied on the parts of the body with pains and problems. It is done with special menthol oil. **30 min/ 69 lv.**

## **ULTRA LUXURIOUS MESSAGES & RITUALS /V. I. P. SERVICE/**

**VICTORIA SPA SPECIAL HAMAM CARE** – It is a very special Hamam service that is prepared by combining Turkish traditions under the light of the philosophy of the Far East. Following a sweating session in the Hammam, one lies down on the central massage platform, which is covered by sprinkled fresh flower leaves. The treatment starts with body scrub with a silk bath-glove full with fresh flowers, continues with gentle cleaning of the feet with a special rubbing stone. After that there is another gentle exfoliating with a soft woven glove, 30 minutes soap massage mixed with fresh flowers and gentle washing of the hair. And this is not everything! After the Turkish bath, relaxing in the relaxing room, there is a herbal tea, facial, arm and leg massage with a herbal lotion and a small souvenir given as a present ! **60 min/ 89 lv.**

**NEW!!! FAMILY MASSAGE /2 adults + 1 child/** - Exotic ritual for the whole family! Oriental body scrub for mummy and father and soap massage for the child! There is a traditional Bali massage for the couple and hot jakuzzi for the smallest member of the family. The pleasure ends with jakuzzi for three!

**NB! Tax for second child – 50 lv / for three 120 min / 299 lv**

**CLEOPATRA MASSAGE - /with seaweeds in the Turkish bath/** - Seaweeds are the first living organism of this world. They contain active substances such as vitamins, amino acids, phytohormones, minerals and salts. They reinforce the skin's protection mechanism through the active features of deep moisturizing. They restore the lost flexibility, tighten and fortify the natural texture of the body. They calm and tranquillize the skin. That's why the Cleopatra massage is one of the best ways to revive and to relax in the same time your body. For better effect we chose the good thermo-effect of the Turkish bath. After sweating inside, the seaweeds prepared with seawater and essential oils will be applied to your body by two therapists in the same time. Working in harmony they start to give you full body seaweed massage 45 min treating every muscle. There is a hair mask included. After you have finished you



become a fresh drink while relaxing in a comfortable chaise longue and you get a short facial, hand and feet massage with cream. This procedure has a multi-purpose effect – a full body mask with anti-celluloid and nourishing effect, in the same time the sensation of four hands massage over your body brings you unforgettable pleasure

**60 min / 141 lv**

**SULTAN MASSAGE - /with mud in the Turkish bath/** - The natural therapies like mud baths are one of the most ancient gifts from the nature. Once upon the time, when there were no medicaments, the mud baths were used to cure different diseases. People used it even to wash their hair and to clean the teeth. Mud contains minerals, sodium, natural antibiotics who help the skin be cleaned and detoxicated not only at the tissue-level, but also deep within the body. That's why we did for you a special Sultan massage done in the Turkish bath by two therapists with mud. While you sweat all the vitamins, calcium and minerals enter the skin. Here we have also a multi-purpose effect - mud has a peeling effect, it is good against celluloid, for acne treatments, if you want to loose kilograms and against hair fall with the hair mask included.

**60 min / 141 lv**

**EXOTIC SCRUB 'RIO DE JANEIRO'** – It is done in the Turkish bath. Starts with gentle scrub with mixture of natural almond oil and fine Brazilian coffee to make the skin elastic and smooth. It is followed by a gentle foam massage and hair washing. It is good to be done before sun exposing.

**45min/89 lv**

**TRADITIONAL MASSAGE FROM SIBIR** – This Russian ritual starts with a body heating in a hot sauna and a serving of a herbal tea. There is a body wrapping with hot towels next – this time done in the Turkish bath to remove all the accumulated toxins. The ritual continues with a toning body massage done with small ice pieces to balance the blood circulation and ends with a relaxing foam washing.

**NB! This ritual is special prepared from the Victoria spa team.**

**60 min / 119 lv**

**CHOCOLATE THERAPIES** – The chocolate massage is one of the most sensible therapies which soften, nourish and moistures the skin. It's done with a special chocolate prepared with cocoa butter, cocoa powder and almond oil. The cocoa powder contains Poliphenol, Teobromin and Tanin, which are good against celluloid; a precious vitamin complex with free radicals /A, C, E/ and a special encapsulated sun filter / Sun Caps / which defends the sun color. The chocolate therapies with its caffeine have a positive influence on the blood circulation and on the human psychics. The Cocoa is known as the best natural hormone of the happiness. It protects also from the damages caused by photo ageing. There are different chocolate treatments:

<b>CHOCOLATE CLEOPATRA-</b> A four-handed full body massage done in the Turkish bath	<b>149 lv</b>
<b>CHOCOLATE MASSAGE</b> – relaxing massage done in a separate massage room	<b>90 lv</b>
<b>CHOCOLATE MASSAGE</b> – relaxing massage done in the Turkish bath	<b>99 lv</b>
<b>CHOCOLATE BODY WRAP</b> – it's done in a special SPA capsule	<b>100 lv</b>
<b>CHILDREN CHOCOLATE MASSAGE 'MILKY WAY'</b>	<b>59 lv</b>

**'THE PEARL OF THE BOSPHORUS' RITUAL** - This ritual starts with an exotic body scrub with aromatic Turkish coffee, done in the Turkish bath by three therapists, working in harmony. There is a six-handed massage next done with medical mud from Pamukkale, Turkey /for oily and sensitive skin/ or with special cosmetic chocolate / for dry and dehydrated skin /. The pleasure of the double point massage harmony passing to a lymph drainage of the whole legs is corresponding with the medical back, neck and head massage. The treatment ends with a ritual six handed foam washing and a serving of traditional Turkish coffee or tea.

**60 min / 265 lv**

**ALOE VERA MASSAGE** – this lovely treatment is done in the Turkish bath or in a separate massage room with aloe vera extracts mixed with honey. It's suitable for all kinds of skin – a powerful cocktail of minerals and vitamins producing a rejuvenating effect. Aloe vera moistures the skin, eliminates small wrinkles and brings it back the radiance. It's recommended especially after sun to keep longer the sun color.

**45 min/ 90 lv**



**In the Turkish bath 45 min / 99 lv**

**PASHA MASSAGE** – It is a special four hands massage done in the Turkish bath with natural Daphne soap mixed with aroma oils.  
**45 min / 139 lv**

**TRADITIONAL ROME MASSAGE** – It's a mega-protein cocktail which dates since the Rome Kings. It is done in a separate massage room with milk and honey to nourish and rejuvenate the skin.  
**45 min / 90 lv**

**In the Turkish bath 45 min / 99 lv**

**TRADITIONAL BALKAN MASSAGE** – It's a deep and strong massage including elements of manual therapy. It activates the energy in the muscles and in the skeletal system, relieves stress, aches in problem areas like neck, shoulders and back. It is helpful after working hard. It's done in a massage room with oils or in the Turkish bath with foam.  
**45 min / 105 lv**

**Balkan massage in the Turkish bath with mud or soap 45 min / 135 lv**

**DOUBLE BALKAN MASSAGE IN THE TURKISH BATH WITH MUD 45 min / 189 lv**

**MASSAGE FOR CONOISSEURS** – Begins with a point reflexive massage of the feet, which passes into Balkan massage of the entire body. It finishes with point massage of the head.  
**90 min / 180 lv**

**BULGARIAN MASSAGE** – Strong or relax full body massage, done with natural Bulgarian rose oil . There is a rose oil bath in the end.  
**60 min / 109 lv**

**MANDARA MASSAGE** – It is done in a separate massage room with a special aromatic oil 'Breeze' by two therapists working in harmony. Feel the unforgettable sensation of the four hands .  
**45 min/ 120 lv**

**CUCUMBER COCTAIL FOR SUNBURNT SKIN** – An exotic ritual special prepared after sun exposing, including a cooling body mask with traditional Bulgarian yoghurt and fine shredded cucumber + relaxing yoghurt massage. Suitable for sensitive and sunburnt skin.  
**60 min / 99 lv**

## **LUXURY VICTORIA SPA SPECIALITIES**

### **24-CARAT GOLD THERAPY /lifting, re-mineralization, hydration /**

Since times long past gold has been considered to be a marvelous rejuvenating element – it bleaches perfectly, removes the fine lines and wrinkles, brings back the energy of the skin and the air of youth. The ancient people believed that by taking gold, the man starts resembling it – he becomes noble, beautiful, resistant to external influence. This is why, following the example of Cleopatra, we offer you a unique body therapy with real 24-carat gold. It starts with tender exfoliation of the body with fine golden particles and wormwood extracts /against the free radicals and detoxication/. Then follows the golden lifting body mask for contour shaping, remineralization of the skin, hydration and shine. Then there is a 45-minute relaxing massage with golden oil. The gold slows down the process of aging, makes the skin elastic, removes the inflammations and bleaches the pigment spots.

**120 min / 250 lv**

**WINE THERAPY** – Starts with body peeling, based on grapes and wine extracts, who makes the skin elastic and smooth; continues with full body or anti-celluloid grape hot mask for 30 min and ends with relaxing massage with hydrating grape cream. It's one of the most effective and most popular treatments in the whole world, to keep and maintain one's beauty Suitable for sunburnt and dehydrated skin. There is a cup of red wine in the end included.

**/Nature's cosmetics /**

**90 min / 159 lv**



**PAMPOROVO RITUAL AFTER SKIING** – This ritual starts with 15 minutes body warming in the Turkish bath and serving a refreshed drink. It continues with a cooling fruit wrap /melon, orange or strawberry/, done in a separate massage room. The fruit extracts tight the skin's pores, hydrate it and clean it. Two separate massages go on – 20 minutes feet reflexology with bamboo sticks and 40 minutes fruit relax body massage. The procedure ends with 30 min refreshing bathtub- jacuzzi.  
**120 min / 185 lv**

**THE SECRET OF SCHEHERAZADE** – A luxurious ritual from the Orient for beautiful and radiant skin /body and face/. It starts with a tender peeling of the body with flowers, fruit, essence oils and silver powder. Then follows a clay body mask from Pamukkale, for cleansing and tightening the skin; Make-up removal with cotton extract and tender peeling with apricot powder; clay face mask; Relaxing body massage with nourishing balm with argan, rose and honey, and beauty facial massage with jasmine and rose; the ritual is completed by a warm bath with essence oils for relaxation and beautiful skin.  
**120 min / 215 lv**

**RICE THERAPY** - Since ancient times the Japanese women are popular with their gentle china skin due to the using of rice extracts. That's why we suggest you a therapy, based on the ancient Japanese cosmetic tradition. It starts with 10 minutes body warming up / Turkish bath, sauna or warm jacuzzi /. Continues in a separate massage room with light body natural rice milk scrub. Rice flour mixed with plant emulsion wrap is coming next. It has a hydrating, anti-ageing and anti-oxidant benefits. The skin is calming down, gets the wanted elasticity and velvet softness. The therapy continues with 45 minutes body relaxing massage with a special cocktail of natural oils, stimulating the microcirculation and boosting the mobilization of fats. The therapy is suitable for every kind of skin. **90 min/199 lv**  
**NB! There is a rice facial mask /upon a client wish/ 40 lv**

**LUXURY 'BIANCA' RITUAL FOR SENSITIVE & SUNBURNT SKIN** – This ritual starts with 15 min cold swimming pool or jacuzzi and a refreshing drink serving. There is a body polish with milky cream. Deeply hydrating body mask with milk and honey; softening feet mask. Relaxing body massage with deeply hydrating and calming milk. **90 min / 199 lv**  
**NB! There is a milk & honey facial mask /upon a client wish/ 40 lv**

## **ANTI-CELLULITE, SLIMMING & THALASSO TREATMENTS – 'PHYTOMER' & 'LES FLEUR'S'- France**

**ANTI-CELLULITE MASSAGE** – Although cellulite is not considered to be a disease at the beginning, it may turn into one as it progresses. Cellulite is generally seen in the hips, calves, abdomen and upper arms. One of the causes of cellulite formation is the blood circulation disorders. And one of the solutions to eliminate it is the precipitation of the circulation with massage.  
**40 min/ 60 lv.**

**CELLULOID KILLER / ORIENTAL CELLULOID MASSAGE** – It's a special anti-celluloid massage, done in the Turkish bath with mud or coffee. Using the thermo-effect of the Turkish bath this massage has a very quick effect on your body.  
**40 min / 83 lv / 5 treatments – 360 lv**

### **AROMA BODY SHAPING WITH SLIMMING NECTAR 'LES FLEUR'S'**

Body warming in a Turkish bath and tender peeling with lotus, hawthorn, primrose and slimming essence oils. Relaxation with magical point massage of the head; One hour shaping body massage with specially prepared 'nectar' with hawthorne, juniper and lemon and essence oils of red palm, pink tree, babass, tiara, shea and ylang-ylang for suppressing the fat accumulation, improving the circulation in the cells, shaping the body contour, hydration and nourishing.  
**90 min / 169 lv**



**AROMATHERAPY BELLADONNA WITH SLIMMING AND LIFTING EFFECT /LES FLEUR'S/**

Deep exfoliation of the body with poppy-seed and aroma apricot oil, with special brush for breaking the fat depots. The poppy-seed aids the the epidermis renewal, improves microcirculation and eases the penetration of the active ingredients. Then follows a combined shaping + anti-cellulite 'Victoria Spa' whole-body massage with slimming gel Belladonna and essence with juniper and citrus /the green tea energizes and the caffeine and the sour orange are the most important ingredients in the fight against the orange skin/

**75 min / 149 lv**

**ANTI-CELLULITE THERAPY 'SILHOUETTE' - PHYTOMER** - An exotic anti-cellulite therapy, based on algae to eliminate toxins from the body, decrease body weight as well as reduce orange-peel skin. The therapy begins with wrapping the body with self heated brown seaweed. The algae have a sculpting and slimming effect, increase the break-up of fats in the body and are rich in minerals and vitamins. Stimulating serum for the stomach and the legs. Then follows an anti-cellulite massage, with a special 'Victoria spa' technique, aiming at preventing water storing in the tissues and relaxing the body.

**75min / 149 lv**

**NB! Recommended in package of 3 treatments for 390lv**

**FIRMING THERAPY PHYTOMER** – This refreshing therapy hydrates, gives back the skin's tonus and stimulates the collagen and elastin production for more beautiful and healthy skin. Starts with firming gel SEATONIC. There is a thermo-plastic body pack. Self heating feet mud mask. Anti-cellulite or draining body massage. Firming skin re-constructing cream.

**NB! Recommended also after pregnancy**

**60 min / 139 lv**

**SCULPTING THERAPY PHYTOMER FOR STOMACH & LEGS** – Body exfoliation with cocktail of oligomers, natural oils and sea crystals. Firming gel mask for the legs and stomach and thermo-active wrapping. Anti-cellulite & firming stomach massage with sea extracts for reducing the fats. Second leg massage with sculpting serum for shaping the body.

**60 min / 129 lv**

**GOLDEN THERAPY 'VICTORIA'** – This therapy is done in a separate massage room and is suitable for every kind of skin. Starts with gentle body exfoliating for removing the dead skin cells. A full body wrap to relax the muscles is coming next. The procedure continues with one hour body massage - free choice / anti-celluloid + back&neck, relaxing or medical /. Special French spa products PHYTOMER are used for all stages of the therapy. They are based on seaweeds and marine collagen, minerals and microelements, which are modeling and firming the body. There is a spread glittering oil al over the body in the end.

**120 min/ 200 lv**

**BODY ELEXIRS WITH SLIMMING & FIRMING EFFECT**

\* **BATH 'PRESTIGE'** – reduce the fats and drains.

**30 min / 75 lv**

\* **BATH 'ALGOMER'** – shapes the body and firms.

**30 min / 85 lv**

\* **BATH 'OLIGOMER'** – revitalizes, re-mineralises, refreshes

**30 min / 75 lv**

\* **BATH 'RELAX'** – relax, pleasure, anti-stress

**30 min / 75 lv**

**MASSAGES AND TREATMENTS FROM THE FAR EAST CULTURE**

**BALI Island, SULEVESI Island, YAVA Islands**

**TRADITIONAL INDONESIAN MASSAGE** – It's done with special Indonesian oil, mixed with essences of grapes, roses, jasmine and ylang-ylang. It's recommended to relieve stress and to relax the muscles

**60 min / 90 lv**



**EXOTIC BALI MASSAGE IN THE TURKISH BATH WITH FOAM**

**50 min / 100 lv**

**JIMBARAN MASSAGE** – It's done by two Balinese girls working in harmony, giving an unforgettable sensation. This massage includes 6 different massage styles, like Shiatsu, Thai, Hawaiian, Lomi Lomi, Swedish and Balinese.

**60 min / 175 lv**

**BALINESE LULUR** – This is a favourite one of our customers, the body treatment that really makes you feel like royalty. Our Bali Lulur is based on a Javanese ritual that is the ultimate in pampering. First, enjoy a relaxing Balinese massage, followed by herbal skin scrub to remove dead skin cells and to smooth and soften your skin. Following the Javanese polish, indulge in a yogurt splash. Then relax by soaking in flower and ylang-ylang petal bath. Finish with a refreshing lotion and a traditional herbal drink, served to increase blood circulation.

**120 min / 185 lv.**

**COCONUT BODY GLOW FOR SENSITIVE SKIN** – Some 60-70 percent of women believe they have sensitive skin. If you fall into this category, try one of nature's treats: freshly shredded young coconut /rich in nutrients, but not over-abrasive/. Our SPA center offers this scrub using nutritious coconuts from Sulawesi, Indonesia. Continues with 30 min back, neck and head massage.

**50 min / 83 lv.**

**BALI COCONUT SCRUB FOR SENSITIVE SKIN /face/ -**

**50 min / 73 lv**

Facial cleansing; Nourishing exfoliating with fine blended coconut grains, special prepared at Island Sulawesi, Indonesia; 20 min nourishing facial massage with natural herbal extract; calming coconut mask.

**BEAUTY FROM ISLAND SULAVESI** - Gentle body scrub with fine blended coconut grains, special prepared at Island Sulawesi. There is a Traditional Bali massage with essential oils next. Scalp, facial and décolleté point massage and nourishing avocado hair mask. Coconut facial mask. Refreshing drink served.

**120 min / 169 lv**

**INDONESIAN HAIR RITUAL** – This ritual starts with deep nourishing hair mask, prepared from fine shredded leaves of hibiscus, jasmine, ylang-ylang, mixed with natural virgin coconut oil. There is a warm hair and head compress and Indonesian point massage of the face, neck and décolleté/. It's a good combination with a nourishing facial treatment/

**50 min / 79 lv**

**NB! Possibility for head and scalp massage**

**30 min / 45 lv**

**MILK COCKTAIL** – First enjoy one-hour traditional Balinese massage. Next, refresh with traditional herbal glow /milk and yogurt/ to create baby-soft skin. Followed by reclining in our lovely milk bath. Finish with a rosemary body lotion moisturizer and a bottle of champagne.

**120 min / 195 lv.**

**HOT STONE MASSAGE /HAWAII/** - This massage entails the use of smooth warm stones in long, flowing strokes on your body. They are also placed on strategic energy points to ease away tension. This treatment is believed to stimulate relaxation and deep circulation, which stimulate the lymphatic system to detoxify the body. **60 min / 95 lv.**

**BALI REFLEX MASSAGE** – Starts with welcome foot ceremony and neck massage, done by two Balinese therapists. Continues with specialized foot and hand massage, for stress and tension relief. This technique is based on the notion, that the body contains energy or 'Chi', that constantly flows through channels or zones. These channels unite to form the reflex points on the feet and hands /and which are related to the nervous system/. It is believed to restore blood circulation and nerve supply to its natural state of balance.

**60 min / 124 lv**

**MASSAGE LOMI LOMI** – This type of massage is done either by one or two therapists in synchronization. It focuses on dispersing energy blockages by way of moving the palms, thumbs, knuckles and forearms in rhythmic, dance-like motions. The massage improves circulation, increase the rate of nutrients brought to the muscles, stimulate the lymphatic system to drain waste products, releases you from any anxiety, worry, fear and other negative thoughts.



**50 min / 90 lv, Four-handed – 50 min / 149 lv**

**BACK, NECK&HEAD MASSAGE / Bali technique /** **40 min / 65 lv**  
**BACK, NECK & HEAD MASSAGE FOR PREGNANT WOMEN** **40 min / 85 lv**

### **THAILAND**

**TRADITIONAL THAILAND MASSAGE** - It represents Thai massage culture of over 3000-year-old tradition. It is a point massage, mixed with manual therapy, performed without oil on a special mattress on the floor and the client is wearing Thai pyjamas **60 min / 115 lv**

**TRADITIONAL THAI MASSAGE IN THE TURKISH BATH WITH FOAM** **45 min / 120 lv**

**THAILAND ANTI-STRESS MASSAGE** **60 min / 100 lv**

**THAI REFLEXOLOGY /feet and palms/** **40min / 79 lv**

**THAILAND THERAPY FOR TIRED LEGS** **40 min / 89 lv**  
 /Special Thai massage/ feet reflexology and lymph drainage massage /+ relaxing warm feet compress/

**THAILAND FOUR HANDED REFLEXOLOGY** **45 min / 134 lv**  
 /Thailand point feet and hand massage + Thailand ritual back massage. It's done by two Thai therapists working together. There is ritual Thai tea served in the end.

**THAILAND WELCOME RITUAL** **90min/ 169 lv**  
 /Thai herbal scrub; Thai herbal body wrap; Traditional Thai massage /

**SPECIAL BANGKOK RITUAL** **120min/ 189 lv**  
 /this treatment starts with ritual body washing in a hot herbal bath; there is a thai tea serving next, followed by a feet reflexology combined with pressure-point head massage; the ritual continues with thai anti-stress massage and refreshing thai facial mask/

**PATAYA MASSAGE** - / Relax massage done by two Thai therapists working in harmony with virgin coconut oil / **60 min / 175 lv**

**THE EXOTIC OF THE ORIENT** – This ritual is done in the Turkish bath by a Thailand therapist. Starts with an exotic body scrub with papaya extracts. There is a relaxing Thailand massage with aromatic soap in the Turkish bath next. The ritual ends with a coconut facial mask, refreshing drink and 20 minutes asian reflexology in a comfortable chaise-longue. **90 min / 169 lv**

**BACK, NECK&HEAD MASSAGE / Thailand technique /** **40 min / 65 lv**  
**BACK, NECK & HEAD MASSAGE FOR PREGNANT WOMEN** **40 min / 85 lv**

**SHIATSU** **60 min / 109 lv**  
 /Shi – finger, Atsu –pressure. Shiatsu is an ancient Japanese point therapy, having a calming influence to the central nervous system/



## PHILIPPINES

<b>EXOTIC PHILIPPINE RITUAL AFTER SKIING</b> /hot herbal leg wrap; feet reflexology; lymph drainage/ <b>NB! Extra back &amp; neck &amp; head massage</b>	<b>60 min / 115 lv</b> <b>30 min / 49 lv</b>
<b>TRADITIONAL PHILIPPINE MASSAGE</b> /Combination of Swedish relaxing massage with Shiatsu /	<b>60 min / 90 lv</b>
<b>PHILIPPINE MASSAGE DONE IN THE TURKISH BATH WITH FOAM</b>	<b>45 min / 120 lv</b>
<b>PHILIPPINE DEEP TISHU MASSAGE</b> /oil sports massage/	<b>50 min / 115 lv</b>
<b>SPECIAL 'HILOT' MASSAGE</b> /Combination of Shiatsu, Deep Tishu and Thai massage/	<b>60 min / 139 lv</b>
<b>PHILIPPINE SPA SPECIAL /four handed/</b> /This exotic Philippine treatment starts with pressure-point back & feet & hand massage, done by two therapists working in harmony; there is a four handed feet reflexology next; serving of a refreshing drink & rejuvenating facial mask.	<b>60 min / 149 lv</b>
<b>PHILIPPINE WELCOME RITUAL</b> /This ritual starts with feet washing with natural olive soap and essential oils; there is a body fruit scrub next passing into a traditional Philippine massage; hot herbal bath; refreshing drink /	<b>120min/ 189 lv</b>
<b>PHILIPPINE LYMPHDRAINAGE</b> /light full body massage specially performed for pregnant women/	<b>40 min / 89 lv</b>
<b>MANILA ritual</b> /body rice exfoliating; double Philippine reflexology; four-handed Philippine massage /	<b>120 min /215lv</b>

## ASIAN GIFTS & RITUALS

<b>'International Asia'</b> - massage done by therapists from 3 different nationalities – one Bali, one Thai and one Philippine therapist. Starts with gentle body washing in a hot herbal bath and progresses to a body massage done by 6 hands.	<b>90 min / 265 lv</b>
<b>NEW!!! 'ESCAPE TO PARADISE'</b> - Asian ritual for hydrating and beautiful skin! Starts with coconut body glow in the Turkish bath or on separate massage room. Relaxing Asian chocolate massage. Coconut facial mask. Finishing Cleopatra milk bath.	<b>90 min / 179 lv</b>
<b>'ASIA SPECIAL'</b> – double massage, done by one Philippine and one Bali therapists, using different Asian techniques.	<b>60 min / 149 lv</b>
<b>'ASIA UNDER THE LIGHT OF THE ORIENT'</b> -oriental four handed scrub done in the Turkish bath passing into a double massage with foam by one Thailand and one Philippine therapist.	<b>60 min / 189 lv</b>



**'VICTORIA SPECIAL'** – Starts with a double oriental scrub in the Turkish bath. There is a double hot stone massage done in a separate massage room by one Bulgarian and one Philippine girl. Ends with an exotic coconut facial scrub and a coconut mask. **120min / 195lv**

**'EXOTIC FOR LOVERS'** – This ritual starts special orange body scrub, done in the Turkish bath or in a separate massage room. There is a four handed massage done by one Thai and one Indonesian therapist with hydrating strawberry oil. Fruit salad for couples. The ritual continues with an Asian refreshing facial treatment or with a nourishing Indonesian hair therapy. There is a romantic jacuzzi for couples with a bottle of champagne in the end. **180 min / 460 lv /for couples/**

**ASIAN RITUAL FOR PREGNANT WOMEN** – This ritual starts with a lymph drainage on the feet. Continues with an Asian massage on the whole body done in a special position for pregnant women. Ends with an Indian press-point face and head massage. **120 min / 185 lv**

### **AYURVEDIC THERAPIES /INDIA/**

Ayurveda /the science of life/ is an Indian natural healing system. It is a holistic science, more than 5000 years old, believed to be the oldest healing therapy in existence.

**SVEDANA** - A treatment preparing the body for Snehana and Shirodhra. Starts with 20 min sweating in the Turkish bath. There is a velvet body exfoliation with Indian ocean sea salts and a gentle foam washing. **40 min / 65 lv**

**SNEHANA /WARM HERBAL OIL MASSAGE/** - A mixture of herbs, oils and natural ingredients is carefully blended together based on your dosha /individual's constitution/ to enhance or depress certain properties. It is gently massaged over your body to stimulate or sooth. This treatment includes massages for the body, face and neck. **60 min / 90 lv.**

**SHIRODHARA** – 'massage of the third eye' – is considered as one of the most popular Ayurvedic treatments available. A steady stream of medicated oil is directed on the forehead in a unique therapy designed to relieve mental tensions and provide a calm state of mind. The regular rhythm has a restorative effect on the senses. A décolleté, face and scalp massage with special Indian technique is included. **60 min / 95 lv.**

#### **'CHAKRA MASSAGE'**

A traditional Indian massage typical for the Himalayas. It is done in a separate massage room, applying a special Indian technique combined with YOGA elements. **40 min / 99 lv**

#### **ANTI-CELLULITE MASSAGE 'DELHI'**

A firming anti-cellulite body mask with special Indian coffee and Indian herbs + Indian anti-cellulite massage with a specific Indian technique. This treatment firms the body and helps to form the perfect silhouette. **NB! Recommended min 3 times** **60 min / 119 lv**

#### **INDIA RITUAL AFTER SUN**

This ritual starts with a calming body mask with natural coconut oil, lavender extracts and Indian herbs – calms down the skin, reduces redness and small wrinkles. There is a relaxing massage with coconut oil, an Indian tea serving and a refreshing coconut facial mask. **90 min / 169 lv**



## **FRENCH COSMETIC FACIAL TREATMENTS WITH THE PROFESSIONAL LINES 'DECLEOR' & 'PHYTOMER' -FRANCE**

The complex of treatments, offered by the professional cosmetic lines 'Decleor' will make you relax and preserve your beauty and youth. Each treatment begins with personal consultation which determines the individual program for your face with the products most suitable for your skin type.

### **CLASSIC FACIAL PROGRAM - LES FLEUR'S**

**60 min / 69 lv**

Facial cleansing with milk water from orchid; Refreshing washing gel with citrus and lavender with anti-septic action; Ozone therapy, Creamy peeling with marjoram, lavender, lemon and thyme. Manual facial cleansing; plastic massage of Pospelov; Cleansing China clay mask with fruit and plant extracts for reducing sebum secretion.

### **PURIFYING THERAPY FOR OILY & PROBLEM SKIN BY 'PHYTOMER'**

**75 min / 109 lv**

Welcome ritual with sea breeze, aromatherapy and self heating mud mask for the back; Facial cleansing; Plant extracted facial and hand scrub; Ozone therapy; Deep seaweed exfoliation; Hand pore cleansing; Plastic facial dry massage with medical powder to regulate the sebaceous secretion; D'arsonval /electronic coolant against irritation;/ Rebalancing hot seaweed mask with minerals and oligo-elements for cleansing, firming and detoxification; Seaweed serum for sebum regulation; Matt OLIGOPUR facial mask to bring the radiance of a fresh and healthy skin.

### **EQUINOXE THERAPY WITH LOTUS AND EDELWEISS FOR SENSITIVE SKIN - LES FLEUR'S cosmetics – 60 min / 109 lv**

Facial cleansing with tender milk with cotton extract; soft peeling with apricot stone powder; spraying of refreshing lotus rain; soothing facial massage with EQUINOXE serum for reducing redness, soothing of the skin, against rosacea; rubbing of mask with lotus extract; massage around the eyes with immortelle extract; second regenerating mask with rose for removal of irritation. Finishing crème with lotus. The lotus has strong anti-inflammatory effect. NB! The therapy is suitable for reddening after sun exposure and peeling due to cold and wind skin after ski.

### **LUXURY CARE FOR SENSITIVE SKIN ' VICTORIA COMFORT'**

**90 min/ 159 lv**

Welcome ritual with sea breeze, aromatherapy, self heating back mask and gentle back massage; Facial cleansing and toning; Gentle vegetable scrub; Ozone-therapy; Second facial exfoliation; 10 min eye contour massage for nourishing and firming; Thermo-active facial mask; Firming décolletée mask; 20 min calming facial massage; Seaweed cooling facial mask.

### **HYDRATING THERAPY 'ORCHID' FOR RADIANT SKIN - LES FLEUR'S cosmetics**

**60 min / 109 lv**

Facial cleansing with tender milk with orchid and magnolia; energizing with fresh toner with lily and orchid; soft exfoliating peeling with apricot powder; 20 minutes beauty facial massage with renewing effect; 10 minutes massage of the contour around the eyes with immortelle extract and vitamin B for smoothing the fine lines; hydrating mask with orchid and mango, enriched with Moroccan rose petals; finishing hydrating elixir.

### **VITAL EYES AND SENSITIVE LIPS PHYTOMER**

**40 min / 59 lv**

Eye contour cleansing and toning; Special eye and lip contour massage; hydrating serum; Collagen patch-mask; Finishing hydrating serum.

### **ANTI-AGE THERAPY AGAINST MIMIC WRINKLES WITH ESSENCE OILS AND FLOWERS - LES FLEUR'S cosmetics - 60 min / 129 BGN**



Facial cleansing with tender milk with cotton extract; soft peeling with apricot stone powder; rubbing of rare dense essence with magnolia, rose, rosemary and carrot for smoothing and tightening of the skin; Shaping massage with linen serum with smoothing effect; Finishing massage with immortelle extract; Regenerating smoothing mask with kiwi, althea and immortelle with proven anti-age effect.

**MODELLING & SCULPTING ANTI-AGE THERAPY /40 +/ PHYTOMER** **75 min / 149 lv**  
Effective care for skin rejuvenating and revitalizing. Welcome ritual with sea breeze, aromatherapy and self heating back mask; Facial cleansing and toning; Ozone therapy; Gentle facial scrub with seaweed extracts; Lifting serum; Detoxifying and oxygenating mask; Nourishing serum; Anti-wrinkle 40 + concentrate for face and décolletée; 20 min modeling facial massage; Renewing lifting mask for skin density and smoothing the skin surface, attacking wrinkles from the inside out. Visible results as soon as the first procedure; Gentle arm and hand massage; Finishing daily cream OGENAGE EXPERT.

**ANTI-AGE THERAPY 50 + /modeling, sculpting, lifting effect/ PHYTOMER** **90 min/ 169 lv**  
Welcome ritual with sea breeze, aromatherapy and self heating back mask; Facial cleansing and toning; Vegetable face, décolletée and hand exfoliation; Ozone therapy; Enzymatic facial peel; Nourishing serum; Eye contour mask-massage; 20 min glittering facial massage; Anti-wrinkle 50 + concentrate for face and décolletée; Hydrating mask; Thermo-active gyps mask for soothing the micro-relief and stimulating the synthesis of elastine and collagen; Gentle arm and hand massage; Firming face and décolletée serum; Renewing lifting mask; Finishing modeling cream OGENAGE EXCELLENCE.

**GOLDEN THERAPY 'VICTORIA' WITH 24-CARAT GOLD /face, neck, neck line and bust/ LES FLEUR'S cosmetics –** **90 min / 169 lv**  
Facial, neck, neck line and bust cleansing with golden magic milk; Ozone therapy; Golden enzyme peeling for renewal and regeneration of the skin; 40 minutes anti-age massage of the contour around the eyes, face, neck line and bust with rejuvenating golden serum and golden powder for shaping the contour of the face, removing the traces of fatigue, smoothing the wrinkles and lifting the bust; rejuvenating golden concentrate; milk for nourishing and hydration of the bust; finishing golden crème.  
24-carat gold regenerates the skin, protects it from harmful influences and slows down the processes of aging.

**RICE THERAPY WITH NOURISHING, HYDRATING AND LIFTING EFFECT** **75 min /149 lv**  
Facial cleaning with rice milk; Soothing pumpkin scrub for reducing of all the dead cells; 25 min modeling anti-wrinkle rice massage to form the face contour; Nourishing rice ampoule; Two face facial mask with rice flour, cucumber, lavender and grape seeds with lifting effect for hydrating and deep nourishment of the skin.

**S.O.S. THERAPY FOR SMOKERS /men & women/** **60 min / 99 lv**  
Welcome sea breeze , aromatherapy and self heating back mask; Facial cleaning and toning; Enzymatic peeling with marine extracts; Oxygen serum; 20 min cosmetic massage; Oxygenating face mask to prevent from the outside environment, to sooth the skin and for brightness; Gentle arm and hand massage; Finishing SOS cream.

**AROMATHERAPY LES FLEUR'S** **50 min / 89 BGN**

**Indian point facial massage, neck and neck line with aroma oil with lily, lavender and chamomile; plastic mask Aromavedik with rose for cleansing an softening of the skin Massage around the eyes with immortelle extract.**

- For improvement of the blood circulation
- For improvement of the skin elasticity
- Refreshing effect



Anti-age effect

**BIO-TECHNOLOGICAL COMPLEX FOR NICE BUST**

**129 lv**

Bust cleansing; Bust velvet exfoliating; 25 min bust massage with firming gel with herbs and marine extract; 'PHYTOMER' modeling bust mask for rejuvenating and firming; Firming serum with marine proteins to form the bust contour with lifting effect.

**NB! All facial treatments are suitable for men and women**

**WAX**

Until knee	20 lv	Underarms	16 lv
Legs	35 lv	Moustache	10 lv
Intime zone	50 lv	Arms	22 lv
Bikini line	20 lv	Eyebrows	10 lv
Back /men/	50 lv	Breast /men/	50 lv

<b>MANICURE</b>	<b>FRENCH MANICURE</b>
<b>PEDICURE</b>	<b>SPA REDICURE</b>
<b>SPA MANICURE</b>	<b>GEL NAILS</b>
<b>NAIL DECORATION</b>	<b>MEDICAL PEDICURE</b>

<b>ROMANTIC JAKUZZI FOR COUPLES, WITH BOTTLE OF CHAMPAGNE</b>	<b>120 lv</b>
<b>STEAM BATH</b>	<b>10 lv</b>
<b>SAUNA</b>	<b>10 lv</b>
<b>AROMA SAUNA</b>	<b>10 lv</b>
<b>TEPIDARIUM</b>	<b>10 lv</b>
<b>HERBAL SAUNA</b>	<b>10 lv</b>
<b>TURKISH BATH</b>	<b>10 lv</b>
<b>STONE BATH</b>	<b>10 lv</b>
<b>FITNESS CENTER</b>	<b>10 lv</b>
<b>SWIMMING POOL</b>	<b>10 lv</b>
<b>OXYGEN BAR</b>	<b>20 min 20 lv</b>
<b>SUN BED</b>	<b>10 min 10 lv</b>

Cleopatra milk bath	75 lv
Herbal Jacuzzi	45 lv
Sea salt Jacuzzi	45 lv
Flower Jacuzzi	45 lv
Facial mud mask	30 lv
Facial seaweed mask	30 lv
Facial chocolate mask	30 lv
Body mud pack	90 lv
Body seaweed pack	90 lv
Body chocolate pack	100 lv

**WE LOOK FORWARD TO WELCOMING YOU AT THE 'VICTORIA SPA' CENTER**

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**YACHTING MARINA DINEVI, St. Vlas – 0895 79 28 39**  
**SOFIA, Oborishte str. 102 – 0895 79 29 38**  
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